

Support for independent living/day care

Living a good and full life as a disabled person involves many things, from moving into and enjoying your own home to having your days and nights filled with the activities which you enjoy and which are fulfilling and meaningful to you. That's why Capability offers a wide range of support from helping you to move into and manage your own home as independently as you can, to supporting you to access activities and/or employment in your local community.

All of this work is delivered by highly trained staff who, as well as understanding your complex care needs, will understand how daunting it can be for you and your family as you step out into a more independent life.

Our services include: Employment Services to help you to prepare for work and find and maintain employment; Community Living Support to access activities which you find rewarding and fulfilling in your community and Supported Living Services to provide support and help you find, equip, move into and/or to maintain your own home as independently as you can.

If you want to find out more about Employment Services please email our Head of Employment Services, Callum MacGregor Callum.Macgregor@capability-scotland.org.uk or call him on 01383 720613.

For more about information about other aspects of the support we currently provide for independent living or to find out about opportunities for developing new services in this area please email our Services Co-ordinator, Stuart Thomson Stuart.Thomson@capability-scotland.org.uk or call him on 0131 347 1067.



If you want to find out more about a particular service please get in touch directly using the contact details provided.

Supported Living Services (SLS)

Aberdeen SLS - Dubford Service

Bob McDonald
Dubford Service
18 - 22 Provost Mitchell Circle
Bridge of Don
Aberdeen
AB23 8AP
01224 701305
Bob.McDonald@capability-scotland.org.uk

Aberdeen SLS - Harrow Road

Bob McDonald
Harrow Road
18 - 22 Provost Mitchell Circle
Bridge of Don
Aberdeen
AB23 8AP
01224 482352
Bob.McDonald@capability-scotland.org.uk

Fife SLS

Trisha Easton
c/o Unit 1, Halbeath Business Park
Kingseat Road
Halbeath
Dunfermline
KY11 8RY
01383 720613
Trisha.Easton@capability-scotland.org.uk

Needless Road

Trisha Easton
c/o Unit 1 Halbeath Business Park
Kingseat Road
Halbeath
Dunfermline
KY11 8RY
01383 720613
Trisha.Easton@capability-scotland.org.uk

Wishaw SLS

Carole Hill
c/o Alexander Anderson Centre
18 East Thornlie Street
Wishaw
ML2 8BB
01698 377034
Carole.Hill@capability-scotland.org.uk

Transition

East Lothian Transition

Catherine Dempsey
c/o East Lothian Council
Randall House
Macmerry Business Park
Macmerry

EH33 1RW
07843 369340
catherine.dempsey@capability-scotland.org.uk

Day Services

Anton Ogilvie Centre

Gillian Currie
5 Forthill Road
Broughty Ferry
Dundee
DD5 2JT
01382 779116
Gillian.Currie@capability-scotland.org.uk

Alexander Anderson Centre

Lorraine Harris
18 East Thornlie Street
Wishaw
ML2 8BB
01698 372003
Lorraine.Harris@capability-scotland.org.uk

Dumfries & Galloway Integrated Service

Diana Burton
PCCD (East Corridor)
Nithbank
Bankhead Road
Dumfries
DG1 2SD
01387 244463
Diana.Burton@capability-scotland.org.uk

E2

Liz Gold
Head Office
Westerlea
11 Ellersly Road



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Capability Scotland
Head Office, Westerlea
11 Ellersly Road
Edinburgh
EH12 6HY

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Textphone: 0131 346 2529
Fax: 0131 346 7864
Email: capability@capability-scotland.org.uk
www.capability-scotland.org.uk

Edinburgh
EH12 6HY
0131 347 1021/ 0131 347 1078
Liz.Gold@capability-scotland.org.uk

Junction 52

Gordon Mercer
10 Gleddoch Road
Glasgow
G52 4BD
0141 883 8880
Gordon.Mercer@capability-scotland.org.uk

New Trinity Service

Lewis Hunston
7A Loaning Road
Edinburgh
EH7 6JE
0131 661 1212
Lewis.Hunston@capability-scotland.org.uk

Oakfield Service

Trisha Easton
c/o Unit 1
Halbeath Business Park
Kingseat Road
Halbeath
Dunfermline
KY11 8RY
01383 720613/ 01383 832892
Trisha.Easton@capability-scotland.org.uk

Upper Springland Day Care

Sandy Thomson
Isla Road
Perth
PH2 7HQ
01738 632995
Sandy.Thomson@capability-scotland.org.uk

West Lane Gardens

Elaine Fox
34 Cartside Avenue
Johnstone
PA5 8RN
01505 326491
Elaine.Fox@capability-scotland.org.uk

Whitehaugh

Elaine Fox
81 Glasgow Road
Paisley
PA1 3PE
0141 848 7040
Elaine.Fox@capability-scotland.org.uk

Community Living Support (CLS)

Community Living Services North & Family Support Services (Dundee)

Gillian Currie
Anton House
5 Forthill Road
Broughty Ferry
Dundee
DD5 2JT
01382 737238
Gillian.Currie@capability-scotland.org.uk

Community Living Services Edinburgh

Liz Gold
Head Office
Westerlea
11 Ellersly Road
Edinburgh
EH12 6HY
0131 347 1021/ 0131 347 1078
Liz.Gold@capability-scotland.org.uk



Fife Community Based Service

Nancy Jackson
Unit 1
Halbeath Business Park
Kingseat Road
Halbeath
Dunfermline
KY11 8RY
01383 720613
Nancy.Jackson@capability-scotland.org.uk

Employment Services

Café Mistura

Gillian Scrymgeour
189a West Main Street
Broxburn
West Lothian
EH52 5LH
01506 771824
Gillian.Scrymgeour@capability-scotland.org.uk

Employment Services (East)

Gillian Scrymgeour
Upper Springland
Isla Road
Perth
PH2 7HQ
01738 474856
Gillian.Scrymgeour@capability-scotland.org.uk

Employment Services (Edinburgh)

Camilla Forsyth
Head Office
Westerlea
11 Ellersly Road

Edinburgh
EH12 6HY
0131 337 9876
Camilla.Forsyth@capability-scotland.org.uk

Employment Services (Grangemouth)

Angela Bain
Unit 7
Grangemouth Business Centre
3 Roseland Hall
Earls Gate Park
Grangemouth
FK3 8WS
01324 666031
Angela.Bain@capability-scotland.org.uk

Employment Services (Inverness)

Donna Petrie
Fairways House
Fairways Business Park
Castle Heather
Inverness
IV2 6AA
01463 258 849
Donna.Petrie@capability-scotland.org.uk

Employment Services Halbeath

Gillian Scrymgeour
Unit 1
Halbeath Business Park
Kingseat Road
Halbeath
Dunfermline
KY11 8RY
01383 720 613
Gillian.Scrymgeour@capability-scotland.org.uk



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