CP factsheet
Conductive Education

About Conductive Education

Conductive Education is a learning system designed to enable children and adults with disabilities to enhance their physical abilities. It was developed in Hungary, however therapists and other professionals in the UK, USA, Canada and Australia now use conductive education and have done so for over 20 years.

This factsheet explains what Conductive Education is and how it is used.

Who can benefit?

Conductive Education may be appropriate for children, young people and adults who have motor disorders. This means they have problems with movement because of damage to areas of the central nervous system responsible for organising smooth and efficient movement. Relevant conditions include cerebral palsy, hemiplegia, Parkinson's disease and multiple sclerosis. Conductive Education is one of a number of approaches which attempt to address the needs of some children, young people and adults.

Where is it available?

Conductive Education provision has grown across the UK and has been used in the past by several organisations in Scotland including the NHS, Capability Scotland and the Scottish Centre for Children with Motor Impairments (SCCMI). The SCCMI based in Cumbernauld is a Scottish Government funded therapeutic centre and school, providing integrated education and therapies (Physiotherapy, Occupational Therapy, Speech and Language Therapy) to address the needs of children and young people from birth to 19 years affected by cerebral palsy, through a range of innovative programmes. (see end for contact details)

How much will it cost? Can I get financial support?

www.capability-scotland.org.uk
Children undertaking Conductive Education will usually have a Co-ordinated Support Plan and therefore may be sponsored by their local education department to attend the SCCMI.

The daily routine

The processes included in Conductive Education include activities undertaken in a range of different positions, for example lying, sitting and standing. Motor skills developed in these various positions will be applied in activities throughout the day.

A group environment

Many activities are undertaken in a group situation in order to provide peer support, encouragement, motivation and opportunities for children and young people to learn from each other.

The conductor

The conductor’s role is to be aware of and develop the child and young person’s ability by establishing a working relationship with them, giving the child and young person achievable goals and modifying goals as necessary to assist their development.

For more information about services available in Hungary contact:

The International Section
Peto Intezet
Kútvölgyi út 6.
Budapest
Hungary
H-1125
Email: ce@peto.hu
Website: www.peto.hu

For more information about services available in the UK contact:

The Scottish Centre for Children with Motor Impairments
Craighalbert Centre
1 Craighalbert Way
Cumbernauld
G68 0LS
Tel: 01236 456100
Email: sccmi@craighalbert.org.uk
Website: www.craighalbert.org.uk
National Institution for Conductive Education  
Cannon Hill House  
Russell Road  
Moseley  
Birmingham  
B13 8RD  
Tel: 0121 442 5556  
Email: Idebono@conductive-education.org.uk  
Website: www.conductive-education.org.uk

As with any therapy or treatment, we advise people with cerebral palsy, carers and parents to consult their GP, Consultant or health professional before starting or paying for any treatment.

Due to the individual nature of cerebral palsy, some children will benefit from specific treatments and therapies, others will not. Assessment of your child’s individual needs is very important. This factsheet is for information purposes only and is not intended to be a recommendation.

Capability Scotland acknowledges the co-operation of SCCMI in the preparation of this factsheet.

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Our Advice Service
Advice Service Capability Scotland is a national disability advice and information service. We specialise in information on cerebral palsy.

We offer:
• information on Capability Scotland services
• advice on cerebral palsy
• general advice on disability issues

You can get in touch with us by calling, e-mailing, dropping in or writing a letter.